

Correct Inhaler Usage Resources



Using your inhaler correctly will ensure that your treatment is the most effective, that you use the inhaler in its entirety, and if you are using an aerosol inhaler, prevent the release of aerosol into the air.

Click on the inhaler category or image to view a video demonstrating the correct technique for usage.

Diskus



Ventolin Diskus



Flovent Diskus



Advair Diskus



Serevent Diskus



Aermony
Resplick



Wixela Inhul

Turbuhaler



Bricanyl
Turbuhaler



Symbicort
Turbuhaler



Pulmicort
Turbuhaler



Oxeze Turbuhaler



Tudorza Genuair



Duaklir Genuair

Ellipta



Arnuity Ellipta



Breo Ellipta



Incruse Ellipta



Anoro Ellipta



Trelegy Ellipta



Asmanex
Twisthaler

Twisthaler

Breezhaler



Alectura
Breezhaler



Onbrez
Breezhaler



Ultibro
Breezhaler



Enerzair
Breezhaler



Seebri
Breezhaler



Spiriva
Handihaler

Handihaler

Respimat



Spiriva Respimat



Combivent
Respimat



Inspiroto
Respimat



Foradil via
Aerolizer



With Spacer
(Recommended)



Without Spacer

Aerolizer

Aerosol Inhaler

To view all inhaler videos, go to:
Canadian Lung Association: How to use your inhaler
<https://www.lung.ca/lung-health/get-help/how-use-your-inhaler>



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